

# EPIPHANY



*Use these reflection questions to accompany the Guided Meditation found here: [LINK](#)*

**What story awakens desire in you? What in your life is significant enough that you feel compelled to move, to journey, even to leave something behind, in order to seek it out?**

**What does it look like for you in the next days, weeks, and months to choose to journey towards your desire?**

**Who are you journeying together with? Who or what is part of your caravan as you journey? And how will you sustain yourself on this journey towards your heart's desire?**

**Where do you draw wisdom from on your journey? Who are the trustworthy guides in your life? How do you discern the direction you should travel?**

**In what ways in the past have you received your heart's desire, but in a different way than you had anticipated?**

**What are the desires beneath your desires? In what way are the things you want most right now pointing you towards a deeper yearning?**

**What might it look like to allow Love to give you the true desire of your heart, rather than a shallow understanding of it?**

**How might you integrate all that you have received and discovered fully into your life, both internally and also externally in your work, your relationships and your world?**

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**Ordinary Pilgrim**

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